**COVID-19 PPE: DOFFING (Conservation Mode)**

**INSIDE ROOM**
1. Perform quality hand hygiene on gloved hands.

**GOWN**
2. A. Disposable Gowns: At least 6 feet away from the patient, break waist & neck ties by crossing arms and remove gown by slowly rolling it out & away from body. Roll sleeves down & off, including gloves. Alternatively, gloves can be removed after gown.
3. A. Disposable Gowns: Place rolled up gown and gloves into regular trash. DO NOT COMPRESS TRASH and be sure to empty when 3/4 full to avoid contamination risk.
4. Perform hand hygiene on bare hands.

**EYE PROTECTION**
5.A. Separate Eye-protection: Perform hand hygiene and put on clean gloves. Remove goggles or full face-shield by pulling band back, up and then over your head. Either perform conservation steps (see separate document) or discard into regular trash when no longer able to clean adequately.
5.B. Combined mask/eye-shield: Perform hand hygiene and put on clean gloves. Remove and discard the combined mask/eye-shield without contaminating your face by loops or straps. Discard into regular trash.
6. Perform quality hand hygiene on gloved hands.

**MASK**
7.A. Surgical Mask: Remove mask without contaminating your face by loops or straps. Discard into the regular trash.
7.B. N95 Mask: (These should only be used for aerosole generating procedures.) Remove mask by lifting straps over the head starting with the bottom strap. Discard into the regular trash.
8. Remove gloves and perform hand hygiene.

**EXIT ROOM.**

Due to evolving guidelines, slight variances may exist from Healthstream video.

Tidelands Health: 03/26/2020
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