

Novel Coronavirus Daily Temperature and Symptom Monitoring Worksheet

Date of departure: _____ Date of last exposure: _____ Last date of monitoring: _____

Instructions: Persons who are being monitored for symptoms of novel coronavirus must take their temperatures twice daily, once in the morning and once in the evening, and report any symptoms they are experiencing. For each day, document the morning and evening temperature and place an X in the box next to each symptom that the person is experiencing. If the person is experiencing a symptom that is not listed, it can be written into the row labeled as 'Other' for the corresponding date and time. If the person is not experiencing any symptoms, place an X in the box labeled "No symptoms". **If the person reports a fever or any of the symptoms listed, call your healthcare provider.**

Day:	Day 1		Day 2		Day 3		Day 4		Day 5		Day 6		Day 7	
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
Date:														
Time of check:														
Directly Observed (Y/N)														
Temperature & Symptoms														
Temperature	°F	°F	°F	°F	°F	°F	°F	°F	°F	°F	°F	°F	°F	°F
Fever														
Cough														
Shortness of breath/Difficulty breathing														
Chest pain														
Other (specify)														
No symptoms														

Day:	Day 8		Day 9		Day 10		Day 11		Day 12		Day 13		Day 14	
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
Date:														
Time of check:														
Directly Observed (Y/N)														
Temperature & Symptoms														
Temperature	°F	°F	°F	°F	°F	°F	°F	°F	°F	°F	°F	°F	°F	°F
Fever														
Cough														
Shortness of breath/Difficulty breathing														
Chest pain														
Other (specify)														
No symptoms														